



Yoga Tree of Boise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All instructors 8:00 – 9:15 am All levels			Debbi Murphy 8:00 – 9:15 am All levels		
	Toddler Yoga 10a – 11a		Mommy & Me Yoga 9:30-10:30a		Kimberly VanderLinden 9 – 10:15 All levels
Angela Bryson 12 – 1p All levels		Angela Bryson 12 – 1p All levels		Martha Smith 12:10-12:50 p Gentle	
	Jen Knight 5:30 – 6:30 Pre-natal Yoga	Debbi Murphy 5:20 – 6:45 All levels		Natasha Palmer 5:30-6:45 p All levels	
	Jen Knight 7 – 8:15 All levels	Colbie Warne 7:05 – 8:20 All levels			

Note: Classes in red font require pre-registration. These are classes we would like to host as soon as there is enough interest. Please contact Jennifer Knight by phone at 208.631.4727 or email at jenniferk@clearwire.net to sign up.

Membership Fees

\$45 monthly pass good for all yoga classes or \$10 drop-in fee.

Please visit www.YogaTreeofBoise.com for information about our instructors and our classes.
207 W. Washington Street, Boise, Idaho 83702 (in the Treasure Valley Midwives Birth Center).