

Yoga Tree of Boise

Schedule
www.YogaTreeofBoise.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Reserved for TVM (5 to 10 p)	Pre-natal yoga w/Jen (5:30p– 6:30p) All levels yoga w Jen 7:00p – 8:00p	TVM Mom's Group (10a – 12p) All levels yoga w/Colbie (7:00 pm – 8:00 pm)	Reserved for TVM (5 to 10 p)	Community Yoga – Classes w/Martha (12:10p – 12:50p)	All levels yoga w/Kimberly 9:00a – 10:15 a
	Reserved for TVM (5 to 10 p)	Pre-natal yoga w/Jen (5:30p– 6:30p) All levels yoga with Jen 7:00p – 8:00p	TVM Mom's Group (10a – 12p) All levels yoga w/Colbie (7:00 pm – 8:00 pm)	Reserved for TVM (5 to 10 p)	Community Yoga – Classes w/Martha (12:10p – 12:50p)	All levels yoga w/Kimberly 9:00a – 10:15 a
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All-level classes are all donation based with the exception of the specialty pre-natal and Mommy & Me yoga classes.
Call Jennifer Knight if interested in renting the Yoga Tree for your event or workshop at 208.631.4727.